Osbournby Primary School –PE Curriculum Statement



INTENT

The purpose of our PE curriculum is...

- To develop physical literacy the motivation, confidence, physical competence, knowledge and understanding to maintain physical activity throughout life
- To support our pupils in leading healthy active lives; now and in the future; so that they can enjoy good physical and mental well-being
- For pupils to develop their strength, flexibility, control, balance & techniques, enabling them to participate confidently in physical activities.
- For pupils to develop the skills and principles to play games and work in a team.
- To promote water safety.
- For pupils to participate in competitive sport.

IMPLEMENTATION

- We have planned our curriculum on a rolling programme so that pupils build their confidence, skills and knowledge over time. In the EYFS physical development is encouraged through child initiated play and the activities led by staff. Forest School also develops motor skills.
- Alongside the QFT offered by school staff, we also buy in additional coaching from our local secondary school. Coaching is beneficial in 2 ways, it provides high quality sports specialists to work with our children and it provides CPD for our teachers which results in improved PE teaching.
- In addition to their PE lessons, pupils regularly take part in competitive & non-competitive events within the local community.
- Active Maths/Literacy takes place in Key Stage 1.
- As an enrichment to our PE curriculum, we also take part in sporting events with our AQT group of schools, hold special focus weeks and invite, athletes and other visitors into school to inspire our pupils. In an attempt to offer something a little different, we have included archery, fencing, parkor, yoga and the climbing wall.
- Swimming: KS2 pupils are taught by trained instructors who support them to learn the basics, improve their strokes and increase their distance.
- Our after school clubs include, among others, a weekly sports club, yoga, dance
- Physical activity is an important part of the provision at playtime & during wrap around care.
- Fitness profile data is used to target pupils who fall into categories that may benefit from additional physical activity

IMPACT

• The key concepts of *collaboration, challenge* and *performance* help us to measure the impact of our curriculum:

COLLABORATION - I am a team-player and understand the values of fairness and respect.

CHALLENGE - I am physically active and challenge myself to be the best I can be.

PERFORMANCE - I am confident in a range of physical activities and can evaluate my performance in order to improve.

- As a result of high quality teaching and a school priority to promote well-being, we have achieve the gold sports mark.
- A high percentage of pupils achieve the expected standard in swimming.
- A high number of our pupils take part in community sporting events
- Pupils apply skills to team games and a number of our pupils become Sports Leaders at their secondary schools and go on to represent the school/county, with some being picked for apprenticeships abroad and to play for professional teams.
- Data collected demonstrates improved outcomes for pupils.
- Monitoring and evaluation of teaching and learning of PE will be carried out through our curriculum review cycle. Once completed it is shared with the whole staff and the governing body.

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